

Eugenio María de Hostos Community College of the City University of New York
Academic Advisement, Division of Academic Affairs

For an Associate in Applied Science (A.A.S) Degree in Aging & Health Studies

Aging & Health Studies (A.A.S.)

- *The purpose of the Aging & Health Studies Program at Hostos Community College is to prepare students for careers that involve working with older adults. Qualified professionals can work in such settings as: senior citizen centers, health related and skilled nursing facilities, and home health care agencies.*
- *The Aging & Health Studies Program awards the Associate in Applied Science (A.A.S.) degree. Students who would like to further their education may then apply their courses at a four-year institution in a program of gerontology, social work, physical or recreation therapy, etc.*
- *The Aging & Health Studies Program is interdisciplinary in nature and will draw upon faculty expertise from different departments within the College. Individual courses are therefore listed throughout this catalog under the various disciplines.*
- *Students who are interested in planning a concentration in the field of Gerontology should consult the Aging & Health Studies Coordinator for further information.*

GENERAL EDUCATION REQUIREMENTS

CREDITS

ENG 110	Expository Writing	3
ENG 111	Literature and Composition	3
English elective course above ENG 111		3-4
<u>OR</u>		
One course in a Foreign Language		
PSY 101	General Psychology	3
PSY 180	Psychology of Aging	3
SOC 101	Introduction to Sociology	3
SW 101	Introduction to Social Work.....	3
<u>OR</u>		
PPA 121	Social Service Administration	3
BLS 150	Ethnicity Health and Illness	3
<u>OR</u>		
LAC 118	Caribbean Society & Culture	3
MAT 20	Elementary Algebra or Higher level Mathematics.....	2-3
BIO 110	Principles of Biology	4
<u>AND</u>		
BIO 130	Plants & Society	4
<u>OR</u>		
BIO 230	Anatomy and Physiology I.....	4
<u>AND</u>		
BIO 240	Anatomy and Physiology II	4
PED 100	Physical Fitness	1
PED elective		1

MAJOR REQUIREMENTS

GERO 101	Introduction to Gerontology	3
GERO 102	Therapeutic Recreation in Long Term Care.....	3
GERO 103	Health & Aging.....	3
GERO 199	Fieldwork with Older Population.....	3
HLT 103	Interpersonal Relations and Teamwork.....	3
HLT 215	Nutrition.....	3
Free electives		4-6
Total Credits.....		60