

1	COURSE	CREDITS	COMPLETED
	ENG 110: Expository Writing (Required Common Core: English Composition)	★ 3	<input type="checkbox"/>
	MAT 120: MAT 120 (Required Common Core: Mathematical & Quantitative Reasoning)	★ 3	<input type="checkbox"/>
	BIO 110/111 OR BIO 210: Principles of Biology or General Biology (Required Common Core: Life and Physical Sciences)	★ 4	<input type="checkbox"/>
	FS 101: Food Studies I	★ 3	<input type="checkbox"/>

**MAJOR REQUIREMENT** **MILESTONE**

MILESTONES ARE COURSES THAT MUST BE TAKEN IN SEQUENTIAL ORDER

**TWO WRITING INTENSIVE COURSES REQUIRED FOR GRADUATION**

**15 CREDITS PER SEMESTER**

GRADUATE ON TIME, SAVE MONEY & START YOUR CAREER!

**EXCELSIOR SCHOLARSHIP**

COVERS FULL TUITION  
MUST EARN 30 CREDITS PER YEAR

[www.hostos.cuny.edu/excelsior](http://www.hostos.cuny.edu/excelsior)

**CAMPUS SUPPORT FOR ACADEMIC SUCCESS**

- LIBRARY
- TUTORING CENTER
- WRITING CENTER
- COMPUTER LABS
- TECHNOLOGY WORKSHOPS
- COUNSELING
- SCHOLARSHIPS

**CAREER COACH**

CAREER COACH IS AN ONLINE TOOL THAT HELPS STUDENTS EXPLORE MAJORS AND IN-DEMAND CAREERS

[www.hostos.cuny.edu/careercoach](http://www.hostos.cuny.edu/careercoach)

2	COURSE	CREDITS	COMPLETED
	ENG 111: Literature and Composition (Required Common Core: English Composition)	★ 3	<input type="checkbox"/>
	🔍 FLEXIBLE COMMON CORE: US EXPERIENCE IN ITS DIVERSITY	3	<input type="checkbox"/>
	🔍 FLEXIBLE COMMON CORE: SCIENTIFIC WORLD	4	<input type="checkbox"/>
	🔍 FLEXIBLE COMMON CORE: WORLD CULTURES & GLOBAL ISSUES	3	<input type="checkbox"/>
	FS 120: Food Studies II	★ 3	<input type="checkbox"/>

**GET AHEAD! TAKE CLASSES DURING THE SUMMER**

**SUB-TOTAL 16**

3	COURSE	CREDITS	COMPLETED
	FS 200: Food, Policy and Advocacy	★ 3	<input type="checkbox"/>
	🔍 FLEXIBLE COMMON CORE: INDIVIDUAL & SOCIETY	3	<input type="checkbox"/>
	🔍 FLEXIBLE COMMON CORE: CREATIVE EXPRESSION	3	<input type="checkbox"/>
	🔍 ONE (1) ADDITIONAL FLEXIBLE CORE COURSE	3	<input type="checkbox"/>
	FREE ELECTIVES: Any course of choice	3	<input type="checkbox"/>

**DEGREE AUDIT**

TO VIEW FULL DEGREE MAP ONLINE, SCAN QR CODE BELOW:

[degreeworks.cuny.edu](http://degreeworks.cuny.edu)

4	COURSE	CREDITS	COMPLETED
	FS 220: Food, Health and Environment	★ 3	<input type="checkbox"/>
	FS 230: Food Studies Capstone (paired with an internship)	★ 3	<input type="checkbox"/>
	FS 225: Food Studies Career Practices	★ 1	<input type="checkbox"/>
	CHOOSE 1 (ONE) COURSE*: See Notes	★ 3	<input type="checkbox"/>
	CHOOSE 1 (ONE) COURSE*: See Notes	★ 3	<input type="checkbox"/>
	CHOOSE 1 (ONE) COURSE*: See Notes	★ 3	<input type="checkbox"/>

**SUB-TOTAL 16**

**TOTAL CREDITS 60**

**NOTES**

\*SSC 101, SOC 101, SOC 105, SOC 140, BLS 119, BLS 120, BLS 150, PPA 101, PPA 120

**You've FINISHED**