



**A MESSAGE FROM
THE OFFICE OF ACADEMIC AFFAIRS**

CUNY Spring Forward Paid Internships

Are you a student without any paid internship experience seeking an opportunity in:

- Marketing, communications, or public relations
- Science, technology, engineering or environmental preservation
- Community services, non-profits, or social services
- Healthcare

Consider the Spring Forward Paid Internships! [Application Link](#)

Why Join Spring Forward?

- Work 15 hours a week from early February to late April 2024
- with one of NYC's top employers
- Earn \$20/hour
- Have an internship related to your career interest
- Build a professional network
- Add valuable experience to your resume

CUNY Spring Forward is the program for you. To learn more about CUNY Spring Forward, join our info session.

Info Sessions dates & Registration links:

1. [Wednesday 9/6 at 3pm \[cuny.zoom.us\]](#)
2. [Tuesday 9/12 at 10am \[cuny.zoom.us\]](#)
3. [Friday 9/15 at 11am \[cuny.zoom.us\]](#)
4. [Monday 9/18 at 12pm \[cuny.zoom.us\]](#)
5. [Wednesday 9/20 at 1pm \[cuny.zoom.us\]](#)
6. [Friday 9/29 at 2pm \[cuny.zoom.us\]](#)

Questions regarding the program? Contact: springforward@cuny.edu

cuny.edu/springforward

Visit Career Services to prepare your application!

**Office of Academic Affairs
Career Services, D-210**
Hostos Community College
718-518-4468 | careerservices@hostos.cuny.edu
www.hostos.cuny.edu/cso

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